

One Page/ Introduction Sheet

Nancy Richards, ADC/EDU/MC, C.D.P and founder, CEO of Activity Pathways

- Describes herself as a lifelong learner who often sits in the front row
- Rooted in the belief that one needs to stay curious in life and as poet Mary Oliver said “Keep some room in your heart for the unimaginable.” Believes that this mindset cultivates Activity Professionals who see the small yet important details in each resident and then delivers extraordinary Activity Service in eldercare.
- Is a seasoned Activity Professional who has served people in all levels of care, specializing in behavioral health, has been an approved Modular Education Program for Activity Professionals(MEPAP) instructor since 1995and is continuously inspired by the innovative approaches that Activity Practitioners bring to the table
- Celebrates 11 years in business with her company, Activity Pathways based in beautiful Bucks County, southeastern Pennsylvania which provides strategies infused with activities for Activity Professionals and family care partners
- Is a voracious reader who loves sitting in her antique white wicker chair; rising before others to savor a hot cup of coffee, enjoys gardening, loves farmer markets, cooking, pairing dark chocolate with a good Merlot, collecting seashells, exploring local parks, hiking and power walking.
- Recent, leisure high points have been visiting Cooperstown , NY and the Base Hall of Fame (GO Phillies ☺), and a five day camp out at Falcon Ridge Folk Fest in beautiful eastern New York state

AND

- Believes that Activities honor, support and cultivate healing in the care giving exchange.



