

The Movement of the Activity Profession
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What is NAAP?

The National Association of Activity Professionals has been around since 1981 and provides Education, Advocacy, and Support services to the Activity Professional. NAAP is the only organization that exclusively represents Activity Professionals working in primarily geriatric settings. NAAP provides opportunities for professional development and personal growth.

NAAP Membership Benefits:

- Free live webinars twice a month. Also available on-demand with unlimited access via website.
- Discounts to registration at our annual conference.
- The weekly e-blasts are emailed weekly on Mondays at 3:00 PM EDT. These emails are filled with information about current trends, regulations updates, partnership information and more. You can sign up to receive these emails on the NAAP website at naap.info
- The NAAP Activity Toolbox is filled with printable in-services that you can use with your staff and colleagues, resource articles, programming ideas and activity forms that can be used.
- The NAAP helpline is the quickest way to submit a question or concern to the NAAP board and receive a response within 24 hours.
- The NAAP Job Board is available on the website where you can post any job openings nationwide for 30 days. Members have access to review any current openings.
- The books available for purchase include the NAAP Exam Prep book. This book includes over 500 questions that assist one in preparation for any national exam including the NCCAP exam. The NAAP Activity Resource Book includes research, training, experiences and personal growth for an Activity Professional to gain knowledge about the profession. It includes the history of the Activity Professional, Fundamental skills for the Activity Professional, Theories associated with Aging, Process of Aging, Regulatory Process, Program planning and development, Documentation Guidelines, The Activity Professional Manager, Community Relations and Practical application. The NAAP Policy and Procedure manual includes multiple policies and guidelines the Activity Professional should know.

The National Association of Activity Professionals recognizes the following values:

- The quality of the client/resident/participant/patient served is the primary reason for our services.
- The strength of NAAP lies in the diversity of its members. NAAP recognizes the rich cultural and educational backgrounds of its members and values the variety of resources represented.
- The strength of NAAP also lies in the support of research, which will further define and support the Activity Profession.
- NAAP values the development and maintenance of coalitions with organizations whose mission is similar to that of NAAP's for the purpose of advocacy, research, education, and promotion of activity services and Activity Professionals.
- NAAP values members who become involved at the state and national/international level to promote professional standards as well as encourage others to recognize them as professionals.

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We know that the Activity Professional's first interest is working with people and that our energy should be directed toward improving the quality of life for residents in the nursing facility. Each resident we work with has special needs. Success is usually measured by positive outcomes of care. We must understand and recognize the ever-changing regulations and guidance that has been implemented by CMS.

The LTC Care Survey Process is changing. At the current time, there are two different survey process to review the requirements of participation: Traditional and QIS. CMS has set out to build on the best of both the Traditional and QIS processes to establish a single nationwide survey process. This process is broken into three parts: initial pool process, sample selection and investigation.

- Resident Interviews will become more important as every resident will be screened utilizing suggested questions that will cover all care areas including resident rights, quality of life and quality of care. Family and/or the resident representative will be utilized when the resident is unable to participate in the interview process.
- Observations will cover all care areas as well and address probes that are listed in each of those care areas by conducting rounds and completing formal observations.
- The resident council meeting will continue with the utilization of the group interview process with active members of the council. This will be conducted early to ensure investigation if concerns are identified.

F658: Comprehensive Care Plans: The services provided or arranged by the facility, as outlined by the comprehensive care plan, must – Meet professional standards of quality

- “Professional standards of quality” means services that are provided according to accepted standards of clinical practice. Standards may apply to care provided by a particular clinical discipline or in a specific clinical situation or setting. Standards regarding quality care practices may be published by a professional organization, licensing board, accreditation body or other regulatory agency. Recommended practices to achieve desired resident outcomes may also be found in clinical literature. Possible reference sources for standards of practice include:
 - Standards published by professional organizations such as American Dietetic Association, American Medical Association, American Medical Directors Association, American Nurses Association, National Association of Activity Professionals, National Association of Social Work.

Specific changes to Activities include:

F679 Activities: The facility must provide, based on the comprehensive assessment and care plan and the preferences of each resident, an ongoing program to support residents in their choice of activities, both facility sponsored group and individual activities and independent activities, designed to meet the interests of and support the physical, mental, and psychosocial well-being of each resident encouraging both independence and interaction in the community.

F680 Activity Director: The activities program must be directed by a qualified professional who is a qualified therapeutic recreation specialist or an activities professional who-

- i. Is licensed or registered, if applicable, by the state in which practicing; and
- ii. Is:
 - A. Eligible for certification as an therapeutic recreation specialist or as an activities professional by a recognized accrediting body on or after October 1, 1990; or

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- B. Has 2 years of experience in a social or recreational program within the last 5 years, one of which was full-time in a therapeutic activities program; or
- C. Is a qualified occupational therapist or occupational therapy assistant; or
- D. Has completed a training course approved by the state.

NAAP provides a scope of practice and ethics to all of its members. For more information visit our website at www.naap.info