

Pennsylvania Activity Professional
Association Presents the
36th Annual Conference



“The Wizards of Awe”

October 1 - 4, 2023

The Penn Stater Conference Center Hotel
State College, Pennsylvania

Conference-at-a-Glance

Sunday, October 1, 2023

2:00 p.m. – 6:00 p.m.

Registration

2:00 p.m. – 3:00 p.m.

- A. *“Crafting Angels”*
- Tish Saxon & Jean Stang

3:15 p.m. – 4:15 p.m.

- B. *“Leaving Your Legacy: A Writing Workshop”*
- Joan Marie Edel

7:00 p.m. – 8:30 p.m.

General Session 1
“Food Fun”
Gloria Hoffner

Monday, October 2, 2023

7:00 a.m. – 8:30 a.m.

Registration and Breakfast
In *“The Gardens”*

8:30 a.m. – 10:00 a.m.

General Session 2
“Therapy Management of Parkinson’s Disease” – Eric Horton

10:00a.m. – 10:30a.m.

❖ Break and Vendor Visits

10:30 a.m. – 12:00 p.m.

General Session 3
“Working with Cognition, Speech and Diet of Parkinson’s”
Valarie McCann Bucek

12:00 p.m. – 1:30p.m.

Lunch in *“The Gardens”*
and Vendor Visits

1:30 p.m. – 2:30 p.m.

- C. *“NCCAP Certification”* –
Nancy Richards

- D. *“Cardio Drumming”*
Eric Horton

- E. *“Starting a Parkinson’s Support Group”* – Casey Peluso, Sherry Barzak & Pam Schultz

2:30 p.m. – 3:00 p.m.

❖ Break and Vendor Visits

3:00 p.m. – 4:00 p.m.

- F. *“Panel of Parkinson’s Experts”*
Eric Horton, Casey Peluso, and
Valarie McCann Bucek

- G. *“Cultural Diversity and Inclusion”* –
Nathan Mitchell

- H. *“What is Culture Change and
What is Voice Pa”*
– Christabel Smith

Tuesday, October 3, 2023

7:00 a.m. – 8:30 a.m.

Registration & Breakfast
In *“The Gardens”*

8:30 a.m. – 10:00 a.m.

General Session 4
*“Finding Wonder: At the Intersection of
Nature & Poetry”*
Nancy Richards

10:00 a.m. – 10:30 a.m.

❖ Break and Vendor Visits

10:30 a.m. – 12:00p.m.

General Session 5
“Empathy & The Elderly {Bullying}”
Samantha Bitter

12:00 p.m. – 1:30 p.m.

Lunch in *“The Gardens”*
and Vendor Visits

1:30 p.m. – 2:30 p.m.

General Session 6
“Activities-RIP”
Peter Illig

2:30 p.m. – 3:00 p.m.

❖ Break and Networking

3:00 p.m. – 4:00 p.m.

- I. *“Activity Professionals Finding
and Embracing Our Own
Melodies”* – Christabel Smith

- J. *“Meeting Their Needs”*
Rebecca Rae

- K. *“Building A Resident Council That
Works”* – Sherry Barzak and
Joan Marie Edel

4:00 p.m. – 4:30 p.m.

❖ Break and Networking

4:30 p.m. -5:30 p.m.

- L. *“The Innovative New Wave of
Activities”* – Sherry Barzak

- M. *“Bow Making 101”* –Dominic
D’Amico

- N. *“Memorial Services ”* –
Linda Gossar-Loesch

5:30 p.m. – 7:30 p.m.

Dinner on your own

7:30 p.m.- 9:00 p.m.

General Session 8
*“General Meeting-Arts Awards and
PAPAs Got Talent”*
Sherry Barzak & Angelo Phillips

Wednesday, October 4, 2023

8:00 a.m. – 8:30 a.m.

Registration & Breakfast
in *“The Gardens”*

8:30 a.m. – 10:00 a.m.

General Session 8
*“Behavior Challenges and Solutions in
Memory Care”*
Gloria Hoffner

10:00 a.m. – 10:30 a.m.

❖ Break and Networking

10:30 a.m.- 12:00 p.m.

General Session 9
“Validation as Communication”
James Day

A total of 18.5-20 Clock Hours have been applied through NCCAP

WORKSHOPS AND GENERAL SESSIONS

- A. **“Crafting Angels”** Come and learn how to create angels out of various materials that are simple to make and beautiful to look at. Tish is a master at creating beautiful angels out of everyday things you have at home. Tish Saxon & Jean Stang ADC, PAPA Board Member
- B. **“Leaving Your Legacy: A Writing Workshop”** Participants will be given a list of questions, examples, support and encouragement to assist them with documenting their own stories and the stories of others. Time will be provided to write and share. Joan Marie Edel ADC/BA PAPA Board Member

General Session 1 “Food Fun” Nothing attracts a crowd of residents like food! After you advertised “potato Chip day celebration” and the residents come ready to enjoy a salty treat – what next? This session will provide you with trivia and hands on activities to do while the group is eating! Attendees will learn: how to make bread in a bag; create ice cream as a group exercise; whip butter; make a homemade lava lamp; put on a raisin show; solve an M & M mystery and much more. Gloria Hoffner BA,ADC

General Session 2 “Therapy Management of Parkinson’s Disease” Consistent exercise is important in the management of Parkinson Disease and is critical to not only managing motor and non-motor symptoms; but also, may delay the disease onset and progression. During this presentation, we will review the anatomy and physiology related to Parkinson Disease, discuss common motor and non-motor symptoms, explore treatment intervention, and highlight the important benefits that exercise has to offer people with Parkinson {PWP}. We will discuss how all members of the interdisciplinary team, including activities professionals, can contribute to the independence and quality of life for individuals with Parkinson Disease. This session will highlight specific exercise programs and include interaction and participation from those in attendance. Eric Horton PT/DPT

General Session 3 “Working with Cognition, Speech and Diet of Parkinson’s” The session will help you to learn different ways to work with the cognition speech and language. She will also discuss diet approaches in working with Parkinson Disease. Valarie McCann Bucek CCC-SL P/L Speech Therapy Manager

- C. **“NCCAP Certification”** If achieving your professional credentials with NCCAP is your goal, come to this session and learn how to apply the experience and education that you have with the other items you may need to be able to meet your professional goals. Many of you are eligible right now for some level of certification, and this hands-on session will set you off with your personal plan for certification. Nancy Richards ADC,EDU,MC,CDP, MEPAP Instructor.
- D. **“Cardio Drumming”** Cardio Drumming is a whole body exercise that involves participants drumming on large physioballs while maintaining rhythm to music. This program can help to improve cardio-vascular status, standing balance and mobility. There are many other benefits and it is also fun and exciting. Eric Horton PT,DPT
- E. **“Starting a Parkinson Support Group”** Attendees will learn about the steps that you need to take to organize and begin a support group for your facility. Learn about what to discuss at your meetings and also who should attend. Sherry Barzak ACC,BS,CDP,PAC,PAPA Board Member & Pam Schultz ADC, PAPA Board Member.
- F. **“Panel of Parkinson’s Experts”** Have questions about Parkinson’s and how it affects your residents? Come and ask those question of our panel of Parkinson experts. Eric Horton, Valarie McCann Bucek
- G. **“Cultural Diversity and Inclusion”** Nathan will be focusing on programs about events that are appropriate for the regions and backgrounds of residents; such as urban verses rural living. This is based on the regions of Oz. Nathan Mitchell CDP, BA, PAPA Board Member
- H. **“What is Culture Change and What is Voice Pa?”** Attendees will explore what culture change is and how they can become advocates for culture change in their work settings. Attendees will explore and learn more about person directed care. Will look at the different care settings in the state of Pennsylvania through the lens of culture change and person directed care. Christabel Smith ACC/MC/EDU/PC,CADDCT,CDSGF,CDCM,CDP

General Session 4 “Finding Wonder: At The Intersection of Nature & Poetry” Nature heals, soothes, connects, and restores calling us to receive those good “gifts”. Studies show people are less depressed after going for a walk outside;

blood pressure lowers after viewing forest landscapes, and rates of healing increase when facing window versus a wall. However, we often become disconnected from nature due to work demands, living situations and other barriers. Come explore color and light, texture, and patterns in nature and reconnect as we become “keen Observers” of the earth, as poet Mary Oliver said. This session will share several practical nature and poetry projects for exploration, apps and tips to support wellness for residents and yourself. Nancy Richards ADC/EDU/MC

General Session 5 “Empathy & The Elderly {Bullying}” Attendees will learn that listening is more important than talking. Attendees will also learn to focus on the residents feelings and their needs by asking them how they are feeling. Tips on how to make them encouraged to attend groups where they will feel welcomed and comfortable. Samantha Bitter ADC,CMDCP, NAAP Regional Director

General Session 6 “Activities-RIP” This session will start with an update on the “State of the activity profession” and how developments in LTC have resulted in adjustments to NCCAP’S standards and requirements for certification. The presentation will then shift to focus on end-of- life topics. F680 defines the role of the Activity Director for meeting the “physical, mental and psychosocial” needs of the resident. The current reality reflects an over emphasis on medical interventions and treatment of the physical, often until the moment of passing. There is a lack of attention on the psychosocial needs of the resident, reflected in minimum training and education on the psycho-emotional and psycho-spiritual needs of the person. We will review some of the latest evidence of end-of-life an Near Death Experiences and apply them to the essential role of an Activity Professional. Peter Illig JD,LLM,CEO

- I. “Activity Professionals Finding & Embracing Our Own Personal Melodies”** Attendees will explore the role of an Activity Professional across the continuum of care. This session will discuss diversity and embracing who we are as a person and an Activity Professional. Attendees will learn to look at adaptations within the workplace setting and understand how to be thankful and grateful for adaptations. Attendees will look at what inspires them in their work and learn to embrace their personal identifies and practices as an Activity Professional. Activity Professionals will come to know and understand that they make an impact each day. Activity Professionals will be empowered to be true to themselves and who they are as professional thus expanding their impact and voice of influence within their respective working environments. Christabel Smith ACC/MC/EDU/PC/CADDCT,CDSGF,CDCM,CDP
- J. “Meeting Their Needs”** Learn how to include and engage residents with all different abilities. We will learn to make sensory bags and fidgets and learn different techniques for keeping all residents active. Rebecca Rae CTRS
- K. “Building a Resident Council That Works”** We will discuss how to form a Resident Council that will really work. We will look at Resident Rights and learn how they can help to make your council successful. Learn how by following up on issues, you can help the residents resolve their issues. Sherry Barzak ACC,BS,CDP,PAC,PAPA Board and Joan Marie Edel ADC,BS,PAPA Board Member
- L. “The Innovative New Wave of Activities”** Tired of the same old programs? Come and learn some out of the box not so average programs and how to create them. This is not your average bingo and exercise program. Sherry Barzak ACC,BS,CDP,PAC,PAPA Board
- M. “Bow Making 101”** Participants will learn how to make several types of bows to use in various projects. Participants should bring several rolls of wired ribbon of their choice to class. Dominic D’Amico ADC,CMP,PAPA Board Member
- N. “Memorial Services”** Remembering the residents that have passed away is an important thing to do. Let’s look at what we can do and determine the best way to implement this program into your activities schedule. This will be an open discussion to share our combined knowledge on this subject. Linda Gossar-Loesch ADC,BS

General Session 7 “General Meeting – Arts Award and PAPA’s Got Talent” Come and join us for a great time as we hold our yearly general meeting and then give out the awards for the yearly Arts Contest. We will top off the evening with performances from some of our own as we learn who really has talent. Angelo Phillips ADC, PAPA Board Member and Sherry Barzak ADC,BS,CDP,PAC, PAPA Board Member

General Session 8 “Behavior Challenges and Solutions in Memory Care” Giving memory care residents their best days can be extra hard when some residents actions such as taking things that don’t belong to them, restlessness, wandering, refusing group activities, make it difficult for activities departments with limited staff to engage with

personalized care. This session will explain research on behaviors and give ideas for using sensory programming plus offer some insight and solutions for inappropriate intimacy among residents. Gloria Hoffner BA,ADC,AC-BC

General Session 9 “Validation as Communication” This session will present Validation as a method of communication to those seniors that have dementia. Last year’s presentation will be summarized and this year’s presentation will add discussion of centering, self-awareness of the level of empathy and the default listening styles that each attendee tends to fall back on. The presenter will role play seniors with dementia and attendees will begin discerning how to validate them according to their emotion and basic human need. James Day MS Div,CVT,AAP-BC

SPEAKERS

Sherry Barzak BS, ACC,CDP,PCA /PAPA Board Member Sherry graduated from Ohio State University with a BS in Human Ecology. She started her career in early childhood and then graduated into long term care as an Activity Director. She works at Juniper Village of Meadville and has 20 plus years of experience. She is ACC certified and was a former NCCAP Board member. She is Professional Development Committee chair for PAPA.

Samantha Bitter ADC, CMDCP, NAAP Regional Director Samantha has worked in Long Term care field and geriatrics for 25 years. She has been at her current facility for over 13 years. She is the Recording Secretary for a local Organization in New Jersey in Ocean County {MOCAP} and recently installed as the Northeast Regional Director of NAAP.

Valarie McCann Bucek MA,CCC-SLP/L Valarie earned her BA in Speech at Duquesne University and then her MA in Communication Disorders from the University of Pittsburgh. She is an affiliate of the ASHA special interest division Adult Neurogenic Communications Disorders. She has been trained in Parkinson Disease specific treatment approaches including SPEAK OUT! Delay the Disease and LSVT LOUD.

James Day Masters in Divinity,CVT,AAP-BC Jim is a certified teacher and former President of NAVA (North American Validation Association) He is currently Life Enrichment Director of Mt Hope Retirement Community where is regularly teaches Validation and applies it to his activity department. He has been a speaker for 34 years.

Dominic D’Amico ADC,/ PAPA Board Member Dominic has 2 Associate Degrees in Liberal Arts and Photography. He has worked in Activities in Redstone Highlands in Greensburg for over 15 years and has presented for PAPA previously.

Joan Marie Edel, ADC BS/ PAPA Board Member Joan graduated from William Paterson College in Wayne, New Jersey with a BA in Sociology/Anthropology, is a Certified Eden Alternative Associate, and 2nd level Practitioner of Reiki. Joan has an ADC with NCCAP. She is currently working as Certified Assessor/Case Manager Supervisor for Pike County Area Agency on Aging, but her heart belongs to Activities.

Linda Gossar-Loesch BS, ADC/PAPA Board Member Linda worked in activities for over 25 years and is retired. She has worked at all levels of care: skilled nursing, personal care, subacute hospital unit, psychiatric unit and in community settings. She has a Community Ministry BS degree from Geneva College and is an authorized Lay Pastor for Redstone Presbytery. She has become a Stephen Minister for six years and is also a Stephen Leader. She loves to quilt, sew, camp and read.

Gloria Hoffner BA,ADC Gloria attended Temple University and also has undergraduate credits in astrophysics from West Chester University both located in Pennsylvania. She also has training as a Dementia Practitioner. She is the creator and owner of Science for Seniors and has presented in over 30 states and Canada since 2007. She has authored several books and been a columnist for Activity Connection.

Eric Horton PT,DPT A graduate of Ohio University’s Doctorate of Physical Therapy program and earned his DPT in 2016. His professional career has been spent primarily in geriatrics, treating clients in many different settings including skilled nursing, long term care and home health. He has a passion for treating patients with neurological disorders

including Parkinson Disease and is a Parkinson's Wellness Recovery; PWRI! Moves Certified Therapist. Eric is the All@Home Rehab Coordinator for Allstar Therapies' All@Home program.

Peter Illig, JD, LLM, CEO, NCCAP Peter is Current CEO of NCCAP. He has developed and led health related initiatives, partnerships and multi-stakeholder initiatives in over 30 countries. He speaks regularly on issues including nonprofit government, risk, ethics and future-proofing. He has served on many boards and is a lawyer.

Nathan Mitchell, CDP, BA, PAPA Board Member Nathan has a BA degree from Shippensburg University. He is a Certified Dementia Practitioner and also has received his ADC through NCCAP. Currently he is the Director of Admissions after being Therapeutic Recreation Director at Spring Creek Rehabilitation and Nursing Center in Harrisburg, Pa.

Casey Peluso, BS, MS, LPC. Casey is the Vice President of Programs and Outreach for Parkinson Foundation Western Pennsylvania. She has worked exclusively with the Parkinson's population for over six years and has always had a passion for helping others. She graduated from Penn State University with her BS and then from Chatham University with her Masters. She is also a Licensed Professional Counselor.

Angelo Phillips, ADC, PAPA Board Member Angelo has been an Activity Director for over 9 years and is a skilled self-taught musician. He obtained his Certificate in Gerontology at Gannon University and has just recently retired from being Activity Director at the Pa. Soldiers and Sailors Home. He loved using music with his resident and could be heard leading old time sing alongs and then breaking out into rock-roll. He is also very involved in his church where he is song worship leader.

Rebecca Rae, CTRS Rebecca graduated from Lock Haven University with a BS in Recreation Management, specializing in Therapeutic Recreation. She obtained her CTRS after graduation. She has worked in a variety of populations including disabilities, mental health, drug and alcohol detox, and geriatrics.

Nancy Richards, ADC, EDU, MC, CDP, Founder & Possibility Maker Activity Pathways, Mepap Instructor Nancy promotes the benefits of purpose, exploration and play, elements of, human wellness.. Nancy is a graduate of Wesley College and Gwynedd Mercy University with emphasis in Gerontology, designs, and delivers products and speaks nationally, released her second sensory activity engagement workbook in 2021. She is a Past President for PAPA, volunteers on the Education Council for the NAAP of Activity Professionals and NCCAP.

Tish Saxon has a lifetime of crafting experience. She is retired from Proctor and Gamble where she is the Maintenance Planner and has been there for over 29 years. She has also owned and operated her own craft/consignment shop and has also operated a second hand store. She has been involved extensively with Boy Scouts and 4H. Her latest honor is judging in the County Fair. She currently is the assistant manager at a Dandy Mini Mart.

Pam Schultz ADC.PAPA Board Member Pam has worked in the field of activities for 15 years. She started as an activity aide in a Skilled Car center for a year. She moved to Assisted living for 3 years, then returned to Life enrichment coordinator in a Memory Support Unit for 5 years. During her time working in the Memory Support unit, she continued her education and received her Certified Dementia Practitioner Certification and her Activity Director's Certification. Pam was advanced in the Activity Directors position 5 years ago at Crawford county Care Center in Saegertown, Pa.

Christabel Smith ACC, MC, EDU, PC, CADDCT, CDCM, CDP, CrMTI, Mepap Instructor Christabel is the owner of C. Smith Consulting a consulting/recreation consulting, educations in senior human services, consulting and education for Alzheimer's Dementia, and remotivation therapy doing groups and instructing in the modality. She is also an Activities Director in the Greater Lehigh Valley Area working at a skilled long-term care facility leading a large team in the Activities Department.

Jean Stang ADC PAPA Board Member Jean is a certified Activity Coordinator through NCCAP and has done many presentations including Penn State Cooperative Extension in Wyoming County. She has presented many times for PAPA giving us many unique programs she develops from her creative mind. She is retired and likes to travel.



PAPA 2023 MEMBERSHIP FORM

Please Check All That Apply

New Member Renewal Lifetime Member Board Member

Name: _____ Phone: () _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____

May we contact you via email for newsletters and other types of correspondence? Yes ___ No ___

Work Setting Information

Long- Term Care Assisted Living/Personal Care

Continuing Care Community Adult Day Center

Alzheimer/Dementia Unit Hospital Setting

Other (please indicate) _____

Facility Name: _____

How long have you worked in the activities field? _____

Credentials: _____

Would you like to...

Assist with a PAPA project? Yes ___ No ___

Assist at conferences as a room host by introducing speakers/monitoring the room?

Yes ___ No ___

Serve as a speaker at one of the PAPA conferences or workshops? Yes ___ No ___

If yes, please indicate the topics you would like to present:

Submit articles for the PAPA newsletter? Yes ___ No ___

Please list conference topics that would be of interest to you?

Any other ideas or suggestions? _____

Membership Fee \$40.00

Make check payable to: PAPA. Send this form and payment to:

Dee Miller, 134 Hollidaysburg St, Osterburg, PA 16667

Official Use Only: Check#

Date Received:

Initial:

"The Wizards of Awe"

Please Print Clearly
(Please complete one form per registrant. This form may be copied)

NAME: _____ PHONE: _____

PLACE OF EMPLOYMENT: _____ TITLE: _____

BUSINESS ADDRESS: _____

HOME ADDRESS: _____

E-MAIL ADDRESS: _____

CREDENTIALS (CTRS, ACC,ADC, etc): _____

NAME TAG SHOULD READ: (for large first name or nickname): _____

PAPA MEMBERSHIP NUMBER: _____



REGISTRATION: (Postmarked by 9/25/23)

	MEMBER	NON-MEMBER
Full Conference	\$300___	\$380___
Sunday	\$60___	\$90___
Monday	\$130___	\$175___
Tuesday	\$130___	\$175___
Wednesday	\$60___	\$90___

Please check 1 per column:

A. ___ C. ___ F. ___ I. ___ L. ___
B. ___ D. ___ G. ___ J. ___ M. ___
E. ___ H. ___ K. ___ N. ___

You will be automatically registered into all General Sessions for a total of 9 additional sessions to the ones you choose above.

We would like to include a list of all conference participants and their contact information in the conference booklet. This list is for the purpose of helping you network. Would you like to be included in this list?
YES___ NO___

Mail this form and check made payable to PAPA to:
Sandy Newfield, P. O. Box 432, Hollidaysburg, PA 16648

ATTENDEE'S NAME MUST BE PLACED ON ALL CHECKS

WE ARE NOW ACCEPTING PAYPAL

OFFICIAL USE ONLY

PERSONAL CHECK#	BUSINESS CHECK#	DATE RECEIVED:
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**Pennsylvania Activity Professional Association
2023 Annual Creative Arts Festival**

Directions:

1. Contest is open to PA skilled nursing, assisted living, personal care homes, adult day health, and senior and independent living centers.
2. Entry fee has been waived this year. Each facility will be allowed no more than 10 entries, however, only one entry per person is permitted.
3. Include a photo of each project with your application. You may submit multiple photos if needed to display the entire project. Performances should be submitted electronically via e-mail, Dropbox, YouTube, etc., or on regular sized DVD (no more than 5 minutes in length). Performance art may include individual or group submissions. All work should be from *current calendar year* (calendar year defined as 9/1/2022 – 8/31/2023).
4. All photos and DVDs *must be labeled* with the resident's name, facility name, and entry number. Please label the back of each photo. Photos and DVDs will *not* be returned. **Please print clearly!**
5. Entries *must* be postmarked by August 31, 2023.
6. Send entries to: **Angelo Phillips, 3318 Auburn Street, Erie, PA 16508**

If you agree to give PAPA the right to use photos and video clips on our website, please be sure to sign the appropriate waiver below.

For additional information e-mail Angelo Phillips at: **penguinlvr57@yahoo.com**. To download additional forms please visit the PAPA website: **http://www.papactivitypro.org**

8. Select from one of the categories listed below:

<u>Creative Writing</u>	<u>Performance Art</u>	<u>Fabrics</u>	<u>Fine Art</u>	<u>Functional Art</u>	<u>Intergenerational</u>
Poetry	Dance	Needlework	Ceramics	Woodworking	Can be any project
Short Story	Drama	Leather	Drawing	Kits	listed under other
	Instruments	Quilts	Painting	Special project	categories
	Singing		Mosaic		
			Sculpture		

Prizes will be awarded to only three overall winners this year, and not in individual categories. Winners will be contacted in mid-September and awards will be presented at the 2023 PAPA Annual Conference to be held in State College, PA.

Facility: _____ Contact : _____ E-mail: _____
 Address: _____ Phone: _____
 Permission to use entry on our website: Yes _____ No _____ Signed _____

Entry #	Category Name	Full Resident/ Group Name	# in group	Title of entry
1				
2				
3				
4				
5				

For Your Stay In State College:

The Penn Stater Conference Hotel offers the highest quality guest rooms and conference center around!
Alternate hotel accommodations and information about the State College area can be found at
www.visitpennstate.org.

Make your hotel reservations early, as things tend to fill up rather quickly!
Reservation information can be found on page 11.

Recommended Dress:

Business casual attire is recommended for educational sessions
Sweater or light jacket as the conference rooms tend to be chilly

Important items to bring along:

We are going green, you may print handouts from the web site on the sessions you are attending.
Money for raffle drawings, vendor products and evening meals
Workout clothes and swimsuit for use at the fitness center and indoor pool
Casual clothing for evening events
Warm clothing for during sessions, sweaters or sweatshirts.
PAPA membership card

The Penn Stater:

The Penn Stater has a casual pub Legends, which serves sandwiches, salads, and appetizers.
You can shoot a game of pool, visit with old friends, and network with your fellow Activity Professionals
The Penn Stater offers a free shuttle service to hotel guests so you can take a ride downtown or dine out

Come prepared to:

Gain valuable information, network, obtain Continuing Education Credits, see the latest resources available to
enhance your programs during vendor time, and have a great time connecting with fellow Activity
Professionals across the state.



See your goal.
Understand the obstacles.
Create a positive mental picture.
Clear your mind of self doubt.
Embrace the challenge.
Stay on track.
Show the world you can do it!

WE ARE NOW ACCEPTING PAYPAL FOR YOUR REGISTRATION CONVENIENCE

PAPA is going green. You may print out handouts from the website on the sessions you are attending.
Copies will not be available at the conference. Thank you for helping us to go green.

**Hotel Reservation
Information:**

Each attendee is responsible for making their own hotel reservations

*Penn State Hospitality Services
Central Reservation Department*

Request: The Penn Stater Conference Center Hotel

Phone: 800-233-7505

Reservation Identification Number:
PAAC23A

Or visiting the website:
www.pshs.psu.edu

Group rate is:
**\$132.00 per night for Single to
Quad Occupancy**

***In order to receive the PAPA group
rate, reservations must be made by
September 2, 2023 to obtain this rate***

Alternate Hotel Accommodations

Hampton Inn & Suites 1955 Waddle Road State College, PA (814) 231-1899	Fairfield Inn & Suites 2215 N. Atherton Street State College, PA (814) 238-3871
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Meals

Conference registration includes:
Breakfast on Monday, Tuesday and
Wednesday
Buffet Luncheon on Monday and Tuesday
Morning and Afternoon Snack Breaks on
Monday and Tuesday

Directions to the Penn Stater Conference Hotel

The Penn Stater
215 Innovation Boulevard
State College, PA 16803

From New York City and Points East:

Take I-80 W in PA to Exit 161 (Bellefonte). Follow PA 26 S to US 220 S, and take Exit 74 for Innovation Park/Penn State University. Stay in the right lane of the exit and follow the sign for Innovation Park. Turn right at the end of the ramp onto the Park Avenue extension, and turn left at the stop sign onto Innovation Boulevard. The Penn Stater Conference Center Hotel will be on the right.

From Philadelphia:

Take the PA Turnpike/I-76 W to Exit 247 (Harrisburg East), and follow signs for the next 15 miles to Route 322 W. Take 322 W past Lewistown toward State College (stay on 322 W towards Philipsburg), and take the Penn State University/Innovation Park Exit. Turn left at the stop light, and follow signs for Innovation Park Exit A directly to The Penn Stater in Innovation Park.

From Pittsburgh:

Take Route 22 E to Duncansville. Merge onto Route 220/I-99 N toward Altoona and go north for 24 miles. Turn right onto US 220 toward State College for 11 miles; merge onto Route 322 E to State College. Stay on Route 322 and later the 322 East/US 220 N bypass to the Penn State University/Innovation Park Exit. Turn left at the stop light, and follow signs for Innovation Park Exit A directly to The Penn Stater in Innovation Park.

From Points West:

Take I-80 E in PA to Exit 161 (Bellefonte). Follow PA 26 S to US 220 S, and take Exit 74 for Innovation Park/Penn State University. Stay in the right lane of the exit and follow the sign for Innovation Park. Turn right at the end of the ramp onto the Park Avenue extension, and turn left at the stop sign onto Innovation Boulevard. The Penn Stater will be on the right.

Cancellations/Refunds

Request for refunds must be sent to:
Sandy Newfield, Registration Chair
by 4:00 PM on September 26th
PO Box 432, Hollidaysburg, PA 16648
TinselBean@aol.com

Refunds will be made less \$25.00 processing fee
Substitution of attendees may be made at any time

Conference Questions may be addressed to:
Vicki McNeil at wickie@verizon.net

Download additional registration forms at www.papactivitypro.org

CLOCK HOURS

We have requested NCCAP approval for 18.5 Clock Hours
You must attend the full session to receive credit

PAPA
3574 North Hills Road
Murrysville, PA 15668

PRESORTED
FIRST CLASS MAIL
U.S. POSTAGE PAID
MURRYSVILLE, PA
PERMIT NO. 45



36th Annual PAPA Conference
“The Wizards of Awe”
October 1 – 4, 2023

www.papactivitypro.org

