

BOLDLY GO

**PENNSYLVANIA ACTIVITY
PROFESSIONALS
ASSOCIATION
CONFERENCE**



***OCTOBER
12 - 15***

Conference-at-a-Glance

Sunday, October 12, 2025

2:00 p.m. – 6:00 p.m.

Registration

2:30 p.m. – 4:00 p.m.

- A. *“Music for Baby Boomers”*
- Gloria Hoffner

4:00 p.m. – 7:00 p.m.

Dinner On Your Own

7:00 p.m. – 8:30 p.m.

General Session 1

“Ageless Wisdom”

Linda Gossar-Loesch &
Jeannine DeLuca

Monday, October 13, 2025

7:00 a.m. – 8:30 a.m.

Registration and
Breakfast on Your Own

8:30 a.m. – 10:00 a.m.

General Session 2

“Boldly Go... ”

Leadership and Star Trek”

Angelo Phillips & Sherry Barzak

10:00a.m. – 10:30a.m.

- ❖ Break and Networking

10:30 a.m. – 12:00 p.m.

General Session 3

“Top Scams Against Seniors”

David P. Shallcross

12:00 p.m. – 1:30p.m.

Lunch in *“The Gardens”*
and Networking

1:30 p.m. – 2:30 p.m.

- B. *“NCCAP Certification”-*
Nancy Richards

- C. *“Adventures in Intergenerational
Programming”*

Matthew Samuel Kaplan

- D. *“Science for Seniors” Part 1*
Gloria Hoffner

2:30 p.m. – 3:00 p.m.

- ❖ Break and Networking

3:00 p.m. – 4:00 p.m.

- E. *“Woody & Buzz Dementia
Programming”*
April Coval

- F. *“Boldly Folding; Origami for
Beginners”*
Dominic D’Amico

- G. *“ Science for Seniors” Part 2*
Gloria Hoffner

4:00 p.m. – 7:30 p.m.

Dinner On Your Own

7:30p.m. – Whenever

PAPA After Dark (Game Night)

Ask a Board Member

Tuesday, October 14, 2025

7:00 a.m. – 8:30 a.m.

Registration and
Breakfast on Your Own

8:30 a.m. – 10:00 a.m.

General Session 4

“Grant Writing Simplified”

Sherry Barzak

10:00 a.m. – 10:30 a.m.

- ❖ Break and Networking

10:30 a.m. – 12:00p.m.

General Session 5

“Play Matters!”

Nancy Richards

12:00 p.m. – 1:30 p.m.

Lunch in *“The Gardens”*

1:30 p.m. – 2:30 p.m.

General Session 6

“General Meeting and Arts Festival”

Angelo Phillips & PAPA Board

3:00 p.m. – 4:00 p.m.

- H. *“REDUX: Clever Art Room
Hacks: Engage Creativity @ Warp
Speed” Part 1*

Julie Mader

- I. *“Food for Thought”*
Joan Edell

- J. *“The Bold New Frontier of
Interactive Sensory Activities in
the Netherlands”*
Adam Wilensky

4:00 p.m. – 4:30 p.m.

- ❖ Break and Networking

4:30 p.m. -5:30 p.m.

- K. *“Beyond the Hack: Boldly
Creating with Seniors” Part 2*
Julie Mader

- L. *“Certification: The Final Frontier:
Exploring the Evolving Universe
of Activity Director Certification”*
April Coval/Roberta Breninghouse/
Bryan Rife

- M. *“Galactic Diversity Worlds
Apart but Same Universal Truths”*
Nathan Mitchell

5:30 p.m. – 7:30 p.m.

Dinner on your own

7:30 p.m.– 8:30/9:00 p.m.

General Session 7

“PAPAs Got Talent”

Angelo Phillips

Wednesday, October 15, 2025

7:00 a.m. – 8:30 a.m.

Registration and
Breakfast On Your Own

8:30 a.m. – 10:00 a.m.

General Session 8

*“Authentic Leadership: Embracing your
True Self and Leading with Purpose”*

Bryan Rife

10:00 a.m. - 10:30 a.m.

- ❖ Break and Networking

10:30 a.m.– 12:00 p.m.

General Session 9

*“From Overwhelmed to Overjoyed:
Transforming Volunteer Programs
with Ease”*

Paul P. Falkowski

A total of 18.5 Clock Hours have been applied through NCCAP

WORKSHOPS AND GENERAL SESSIONS

- A. **“Music for Baby Boomers”** – The Boomers are here ages 79 – 61 – and so are their musical tastes! Science has proven the music you love most all your life is the music of your teens and twenties. Thus, for Boomers Motown, Beatles, Monkees, Stones – not Sinatra and Martin. **Gloria Hoffner BA, ADC, Ac-BC, CDP**

General Session 1 “Ageless Wisdom” This is an interactive program designed to help you understand the changes that do occur in your body as you age. Experience what our residents do every day as they live their daily lives. **Linda Gosser-Loesch ADC,BS & Jeannine DeLuca, ADC, BS**

General Session 2 “Boldly Go...Leadership and Star Trek” Learn to Boldly Go Where no Leader has gone before. Using the lessons taught by James T. Kirk, Spock, Scotty, and More!!! **Angelo Phillips ADC & Sherry Barzak ACC, BS**

General Session 3 “Top Scams Against Seniors” This session offers a variety of tips and resources to give the audience the tools necessary to make informed decisions to better protect themselves and their families from these devastating issues. This program will make seniors ”aware” of the scams and frauds that are out there ; teach them how to “avoid” becoming the next victim; make them “alert” and observant of their surroundings and situations they are facing; and, encourage them to report any instances of scam or fraud to their local law enforcement. We will discuss scams, fraud, cryptocurrency schemes, data mining, and artificial intelligence and how it is used to enhance scams. **David P Shallcross Director of Senior Protection Unit, PA Office of Attorney General.**

- B. **“NCCAP Certification”** If achieving your professional credentials with NCCAP is your goal, come to this session and learn how to apply the experience and education that you have with the other items you may need to be able to meet your professional goals. Many of you are eligible right now for some level of certification, and this hands-on session will set you off with your personal plan for certification. **Nancy Richards ADC, EDU, MC, CDP, MEPAP Instructor**
- C. **“Adventures in Intergenerational Programming”** This session will provide a hands-on introduction to a wide range of intergenerational activities. It will begin with a short presentation on basic things to keep in mind when planning intergenerational activities, such as making sure to keep to “age-appropriate” activities, designing activities that relate to participants’ real world concerns, and working to ensure that all participants feel valued, empowered, and socially engaged. The session will also cover strategies for building intergenerational programming capacity, including forming partnerships with local organizations that serve children and youth. **Matthew Samuel Kaplan Ph.D. (in Environmental Psychology, from the CUNY Grad School)**
- D. **“Science for Seniors Part 1”** Science for Seniors – the theme is Bolding Going – (also the theme of Star Trek), so let’s do Star Trek Science! Space themes from explaining moon craters to low gravity and rocket pulsion to the size of the solar system and ice volcanoes on Mars. Plus – some fun science invention stories – cell phones. **Gloria Hoffner BA, ADC, Ac-BC, CDP**
- E. **“Being like Woody and Buzz in your dementia programming”** Dementia care thrives on meaningful connections, creativity, and companionship. This presentation draws inspiration from the beloved characters of Toy Story to highlight the importance of friendship, resilience, and adventure in dementia programming. By fostering a sense of belonging and purpose, we can enhance the quality of life for individuals with dementia in nursing home settings. Just as Woody and Buzz support one another through every challenge, dementia programming should inspire meaningful relationships, creativity, and a shared sense of adventure. By implementing engaging, person-centered approaches, we can create an environment where residents feel valued, connected and empowered. **April Coval, AAS, CDP, CDSGF, MDEC, MMC, OAF, ADC**
- F. **“Boldly Folding: Origami for Beginners”** Participants will learn the basics of origami (paper folding). **Dominic D’Amico ADC**
- G. **“Science for Seniors Part 2 Make and Take Volcanoes” Continuation:**Science for Seniors – the theme is Bolding Going – (also the theme of Star Trek)so let’s do Star Trek Science! Space themes from explaining moon craters to low gravity and rocket pulsion to the size of the solar system and ice volcanoes on Mars. Plus – some fun science invention stories – cell phones. **Gloria Hoffner BA, ADC, Ac-BC, CDP**

General Session 4 “Grant Writing Simplified” During this session the attendees will learn the following about Grant Writing: 1. What to write grants for 2. Where to find grants 3. What information you need to write them. **Sherry Barzak ACC, BS**

General Session 5 “Play Matters” Dr. Stuart Brown a leading researcher and author on play said, “Play shapes the brain fostering empathy and is at the core of creativity and innovation” Play simulates the whole body and brain connection, mobilizing coordination, problem solving, reasoning, humor, social manners and affirms individuals and aids community cohesion. Play release stress and is often a gateway to creativity. Explore the power of play across the lifespan, harness it’s magic to strengthen communication, consider how it impacts work culture and engagement in senior living. **Nancy Richards ADC/EDU, MEPAP Instructor, Retired, NAAP Education Council**

General Session 6 “General Meeting & Arts Festival” Sherry Barzak ACC, BS & Angelo Phillips ADC & PAPA Board

- H. “REDUX Clever Art Room Hacks: Engage Creativity at Warp Speed” Part 1** In this interactive workshop participants will gain first hand experience of clever art class hacks and painting techniques to use at their facilities. This session aims to equip attendees with practical knowledge how to overcome challenges of planning, presenting, and completing age-appropriate art projects with a diverse group of participants by offering easily obtainable solutions to challenges encountered at work. Through guided activities and discussions, participants will explore various art techniques and learn how to apply them with confidence in the activity room. **Julie Mader**
- I. “Food for Thought”** This session allows participants to Explore/Discuss Food Programming, Food Attitudes, Foods that may help and heal conditions. Also learn about and discuss Family food traditions, and regional/World Food Variations. Also some discussion on special dietary needs and challenges. **Joan M Edel ADC/BA/Reiki Practitioner**
- J. “The Bold New Frontier of Interactive Sensory Activities in the Netherlands”** Discover how the Tovertafel and Crdl deliver proven sensory, cognitive, and social stimulation, fostering lasting joy, intergenerational connections, and care provider engagement for seniors living with mid to late-stage cognitive challenges. **Adam Wilensky**
- K. “Beyond the Hack: Boldly Creating with Seniors” Part 2** In this interactive workshop, participants will gain first hand experience of clever art class hacks and painting techniques to use at their facilities. This session aims to equip attendees with practical knowledge how to overcome challenges of planning, presenting, and completing age-appropriate art projects with a diverse group of participants by offering easily obtainable solutions to challenges encountered at work. Through guided activities and discussions, participants will explore various art techniques and learn how to apply them with confidence in the activity room. **Julie Mader**
- L. “Certification: The Final Frontier: Exploring the Evolving Universe of Activity Director Certification”** Join us for an interactive and inspiring roundtable as we **boldly go** into the future of Activity Professional certification through NCCAP. Whether you’re a new student, a seasoned professional, of an instructor, this session will offer insight, connection, and clarity on how certification is transforming the landscape of life enrichment services. **April Coval/Roberta Breninghouse/Bryan Rife**
- M. “Galactic Diversity Worlds Apart but Same Universal Truths”** Knowledge is Power! Sometimes we are so immersed with the world around us that we can’t imagine life any other way. Same for our residents who experience a culture shock when going from their home to ours. Some things transmute while others are very much a new frontier. Let’s understand the What, the How, and the Why as well as how to navigate it. **Nathan Mitchell**

General Session 7 “PAPAs Got Talent”

General Session 8 “Authentic Leadership: Embracing Your True Self and Leading with Purpose” Authentic leadership is a style where individuals lead with genuine self-awareness, transparency, and integrity, aligning their actions with their values and beliefs. It involves being true to oneself and others, rather than conforming to external expectations. This approach fosters trust, builds meaningful relationships, and inspires followers to embrace their own authenticity. In this session the participants will have an understanding of the key aspects of Authentic Leadership and will be provided tools that will help them to embrace their true self and let them lead with a purpose. **Bryan Rife, ADC/ EDU**

General Session 9 “From Overwhelmed to Overjoyed: Transforming Volunteer Programs with Ease” Managing volunteer programs in long-term care can often feel overwhelming, but it doesn't have to. This interactive session will explore practical strategies to transform volunteer management into a streamlined and joyful process. Participants will identify common challenges, such as recruitment, retention, and limited resources, and discover tools, technologies, and training methods to overcome them. Case studies and success stories will inspire attendees to implement practical changes, while polls and discussions provide opportunities to share experiences and solutions. Participants will leave equipped with actionable steps to create organized, impactful, and engaging volunteer programs that enrich both volunteers' and residents' lives. **Paul P. Falkowski, Ph.D. Human Sciences: Gerontology**

For Your Stay In State College:

The Penn Stater Conference Hotel offers the highest quality guest rooms and conference center around!
Alternate hotel accommodations and information about the State College area can be found at
www.visitpennstate.org.

Make your hotel reservations early, as things tend to fill up rather quickly!
Reservation information can be found on page 7.

Recommended Dress:

Business casual attire is recommended for educational sessions
Sweater or light jacket as the conference rooms tend to be chilly

Important items to bring along:

We are going green, you may print handouts from the web site on the sessions you are attending.
Money for raffle drawings, vendor products and evening meals
Workout clothes and swimsuit for use at the fitness center and indoor pool
Casual clothing for evening events
Warm clothing for during sessions, sweaters or sweatshirts.
PAPA membership card

The Penn Stater:

The Penn Stater has a casual pub Legends, which serves sandwiches, salads, and appetizers.
You can visit with old friends, and network with your fellow Activity Professionals
The Penn Stater offers a free shuttle service to hotel guests so you can take a ride downtown or dine out

Come prepared to:

Gain valuable information, network, obtain Continuing Education Credits, see the latest resources available to
enhance your programs during vendor time, and have a great time connecting with fellow Activity
Professionals across the state.



See your goal.
Understand the obstacles.
Create a positive mental picture.
Clear your mind of self doubt.
Embrace the challenge.
Stay on track.
Show the world you can do it!

PAPA is going green. You may print out handouts from the website on the sessions you are attending.
Copies will not be available at the conference. Thank you for helping us to go green.

“Activities... Boldly Going”

Please Print Clearly
(Please complete one form per registrant. This form may be copied)

NAME: _____ PHONE: _____

PLACE OF EMPLOYMENT: _____ TITLE: _____

BUSINESS ADDRESS: _____

HOME ADDRESS: _____

E-MAIL ADDRESS: _____

CREDENTIALS (CTRS, ACC,ADC, etc): _____

NAME TAG SHOULD READ: (for large first name or nickname): _____

PAPA MEMBERSHIP NUMBER: _____



REGISTRATION: (Postmarked by 9/13/25)

	MEMBER	NON-MEMBER
Full Conference	\$300___	\$380___
Sunday	\$60___	\$90___
Monday	\$130___	\$175___
Tuesday	\$130___	\$175___
Wednesday	\$60___	\$90___

**Registration
Postmarked After
9/13/25 will be charged
a late fee of \$50.00**

Please check 1 per column:

A. ___	B. ___	E. ___	H. ___	K. ___
	C. ___	F. ___	I. ___	L. ___
	D. ___	G. ___	J. ___	M. ___

You will be automatically registered into all General Sessions for a total of 9 additional sessions to the ones you choose above.

We would like to include a list of all conference participants and their contact information in the conference booklet. This list is for the purpose of helping you network. Would you like to be included in this list?
YES___ NO___

**Mail this form and check made payable to PAPA to:
Sandy Newfield, P. O. Box 522, Hollidaysburg, PA 16648**

ATTENDEE’S NAME MUST BE PLACED ON ALL CHECKS

OFFICIAL USE ONLY

PERSONAL CHECK#	BUSINESS CHECK#	DATE RECEIVED:
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**Hotel Reservation
Information:**

Each attendee is responsible for making their own hotel reservations

*Penn State Hospitality Services
Central Reservation Department*

Request: The Penn Stater Conference Center Hotel

Phone: 800-233-7505

Reservation Identification Number:
PAPA25A

Or visiting the website:
www.pshs.psu.edu

Group rate is:
**\$140.00 per night for Single to
Quad Occupancy**

***In order to receive the PAPA group
rate, reservations must be made by
September 6, 2025 to obtain this rate***

Alternate Hotel Accommodations

Hampton Inn & Suites 1955 Waddle Road State College, PA (814) 231-1899	Fairfield Inn & Suites 2215 N. Atherton Street State College, PA (814) 238-3871
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Meals

Conference registration includes:
Buffet Luncheon on Monday and Tuesday
Morning and Afternoon Snack Breaks on
Monday and Tuesday

Directions to the Penn Stater Conference Hotel

The Penn Stater
215 Innovation Boulevard
State College, PA 16803

From New York City and Points East:

Take I-80 W in PA to Exit 161 (Bellefonte). Follow PA 26 S to US 220 S, and take Exit 74 for Innovation Park/Penn State University. Stay in the right lane of the exit and follow the sign for Innovation Park. Turn right at the end of the ramp onto the Park Avenue extension, and turn left at the stop sign onto Innovation Boulevard. The Penn Stater Conference Center Hotel will be on the right.

From Philadelphia:

Take the PA Turnpike/I-76 W to Exit 247 (Harrisburg East), and follow signs for the next 15 miles to Route 322 W. Take 322 W past Lewistown toward State College (stay on 322 W towards Philipsburg), and take the Penn State University/Innovation Park Exit. Turn left at the stop light, and follow signs for Innovation Park Exit A directly to The Penn Stater in Innovation Park.

From Pittsburgh:

Take Route 22 E to Duncansville. Merge onto Route 220/I-99 N toward Altoona and go north for 24 miles. Turn right onto US 220 toward State College for 11 miles; merge onto Route 322 E to State College. Stay on Route 322 and later the 322 East/US 220 N bypass to the Penn State University/Innovation Park Exit. Turn left at the stop light, and follow signs for Innovation Park Exit A directly to The Penn Stater in Innovation Park.

From Points West:

Take I-80 E in PA to Exit 161 (Bellefonte). Follow PA 26 S to US 220 S, and take Exit 74 for Innovation Park/Penn State University. Stay in the right lane of the exit and follow the sign for Innovation Park. Turn right at the end of the ramp onto the Park Avenue extension, and turn left at the stop sign onto Innovation Boulevard. The Penn Stater will be on the right.

Cancellations/Refunds

Request for refunds must be sent to:
Sandy Newfield, Registration Chair
by 4:00 PM on September 26th

PO Box 522, Hollidaysburg, PA 16648
TinselBean@aol.com

Refunds will be made less \$25.00 processing fee
Substitution of attendees may be made at any time

Conference Questions may be addressed to:
Vicki McNeil at wickie@verizon.net

Download additional registration forms at www.papactivitypro.org

CLOCK HOURS

We have requested NCCAP approval for 18.5 Clock Hours
You must attend the full session to receive credit