

Interactive Workbook: Being Like Woody and Buzz in Your Dementia Programming

Why Woody and Buzz?

What traits do Woody and Buzz represent in dementia care?

- Woody: _____
- Buzz: _____

How do these traits relate to the residents you serve?

Dementia Programming Principles

List three core goals of dementia programming:

1. _____
2. _____
3. _____

Core Materials & Techniques

Match each technique to its goal:

Validation Therapy: _____

Montessori for Dementia: _____

Life Story Work: _____

Sensory Programming: _____

Reminiscence Techniques: _____

Relationship-Centered Programming: _____

Validation in Action (Woody Approach)

Give an example of a validating response:

Resident: 'I need to go home.'

You: _____

Montessori in Action (Buzz Approach)

Describe an activity tray setup using Montessori principles:

What is the purpose of using visual cues and repetition?

Technique-to-Program Practice

Select one technique and write a program idea:

Technique: _____ Program Name: _____

Steps to Facilitate: _____

Stages and Communication

How do you adjust communication strategies based on dementia stage?

- Early: _____

- Mid: _____

- Late: _____

Your Personal Takeaways

What will you take back to your community from this session?

How will you embody Woody & Buzz in your care?
