

Being Like Woody and Buzz in Your Dementia Programming

Woody = loyalty, trust, emotional reassurance

Buzz = creativity, discovery, and empowerment

Use them as analogies for structure and innovation in dementia care.

Core Values: Connection, Purpose, Identity, Engagement

Key Techniques & Examples

- Validation Therapy: Acknowledge emotions (like Woody)
- Montessori: Promote independence (like Buzz)
- Life Story Work: Honor history ('Andy's name on the boot')
- Sensory Programming: Music, touch, aroma
- Relationship-Centered Care: Peer buddies, consistent staff

Sample Programs:

- Fold & Chat Station (Montessori)
- Lavender Wind Down (Sensory)
- Memory Boot Board (Life Story)
- Buddy Walks (Relationship-Based)

Applying Woody & Buzz to Your Day

Woody = Safe, predictable routines

Buzz = Bold exploration and hands-on tasks

Blend both approaches:

- Morning: Predictable group routines
- Afternoon: Creative exploration
- Evening: Calming sensory experiences

Use empathy (Woody) and opportunity (Buzz) at every stage of dementia

Takeaways & Resources

- You are the Woody: trustworthy, steady, validating
- You are the Buzz: engaging, curious, empowering

Resources:

- Validation Training Institute
- Montessori for Dementia (Jennifer Brush)
- Teepa Snow's Positive Approach
- Opening Minds Through Art

"To infinity... and engagement!"